

# Experience

## Family & Consumer Sciences

University of Georgia  
Extension

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### Cindee Sweda, Spalding County Agent

**Education:** B.S. Home Economics Education, Eastern Illinois University

**Programming focus:** Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation, Positive Development for Individuals, Families and Communities.

Spalding County Cooperative Extension Family and Consumer Sciences provides resources, programs and trainings on all facets of individual or family life. Family and Consumer Sciences is the source for information on parenting, child care, financial resilience, and healthy, safe and affordable housing, with a strong emphasis on health and wellness, chronic disease prevention, food safety and food preservation.

**County media:** Griffin Daily News, The Grip and WKEU radio